

What is F.O.G.?

FOG stands for FATS, OILS, and GREASE. They hide in many places...

- **Fats:** baked goods and pastries, lard, butter, cream-based sauces, dairy, gravy, and more.
- **Oils:** vegetable oils, margarine, salad dressings and more. Also motor oil.
- **Grease:** meat grease, greasy food scraps and more.

Why is F.O.G. bad?

When it makes its way down the drain, FOG will solidify inside the pipe, creating a clog. This can cause major problems inside your pipes and sewer or septic systems.

Clogs are caused by improper disposal of fats, oils and grease. Blockages can cause sinks, floor drains, dishwashers to back up and malfunction.

DO



Pour cooled grease into a container with a lid, like an old jar or yogurt cup, and throw it in the trash.



Use a paper towel to wipe the rest of the grease or oil from cookware and bakeware.



Watch out for sneaky FOG, scrape all food scraps into the trash.



Use a strainer in the sink to collect excess food particles.



Encourage your neighbors to do the same.

DON'T



Don't pour FOG down the drain.



Don't rinse food scraps off dishes.



Don't pour liquid foods down the drain such as dairy products, syrups, batters, gravy, etc.



Don't clean greasy dishes, pans or fryers with water before wiping the grease off.



Don't use the garbage disposal to dispose of FOG, it can contribute to blocked pipes.



Don't use chemicals to remove grease clogs; they damage the pipes.